

## Career Profile

Name: Karen Drysdale-Chung B.Sc.,C.K., CDMP, MA (candidate)

Current Position(s):

Operations Lead / Disability Management Specialist / Kinesiologist  
Organizational Solutions Inc., Burlington ON  
President, Canadian Kinesiology Alliance (CKA/ACK)

Specialization:

Disability Management, Ergonomics

Area of research – the role of workplace factors in disability

Education:

I graduated from The University of Waterloo with a Bachelor of Science, Honours Kinesiology with a specialty in Sports Medicine. For the first few years I did a combination of case management, athletic training and progressed into injury rehabilitation and therapeutic exercise with my own practice in Etobicoke. Wanting to have more growth and opportunity I joined the WSIB and worked at Downsview Rehabilitation Centre delivering therapeutic exercise to injured workers with head injuries, amputations, hand injuries and chronic pain. After additional studies, I moved to the WSIB head office working with the WSIB employees as an Ergonomics Consultant.

I moved into the private section shortly after due to changes at the WSIB and my own ambitions, taking a Vocational Rehabilitation Consultant position with Nancy Haston and Associates in Toronto, also continuing to perform various ergonomic assessments. I progressed to being Assistant Program Manager with NHA.

During my tenure at NHA I started my Masters of Arts in Disability Management and when the author of one of my text books was looking for staff, joined Liz Scott and Organizational Solutions Inc., (OSI) in Burlington as a Disability Management Specialist. I now am the Operations Lead at this organization.

At OSI, we provide Disability Management Services to employers across Canada in all industries assisting with Short Term Disability and Workers Compensation claims adjudication and management, audits, policy and procedure development and many other related services.

To gain additional knowledge or qualifications in my area of specialty, there are courses through NIDMAR as well as certifications in Return to work (CRTWC) and Disability Management (CDMP). There are certificate courses at Dalhousie and Masters level programs at University of Northern British Columbia and University of Calgary. For Ergonomics, I am a member of the Association of Canadian Ergonomists.

I was on the Ontario Kinesiology Association Board in the 1990's and loved being a part of the development of that organization and since joining the CKA/ACK in 2001 have enjoyed being part of a dynamic and growing organization.

Karen Drysdale-Chung may be reached at OSI (905)-315-7179 ext. 2223 or through the CKA office at [info@cka.ca](mailto:info@cka.ca)