



## Canadian Kinesiology Alliance/ Alliance canadienne de kinésiologie

6519-B Mississauga Road, Mississauga, Ontario L5N 1A6

Tel: (905) 567-9200

Fax: (905) 567-7191

E-Mail: [info@cka.ca](mailto:info@cka.ca)

Web: [www.cka.ca](http://www.cka.ca)

### Guidelines for Journal Submission

The Canadian Journal of Kinesiology (CJK) provides an international forum for unique contributions to the field of kinesiology. We publish research ranging from health and fitness, ergonomics, clinical rehabilitation and disability management. Our goal is to reach our broad international readership with multiple perspectives of kinesiology and achieve an editorial balance among philosophy, technique, theory, practice and commentary. The CJK will provide a forum for advancing knowledge and promoting professional practices and values.

### Call for Submissions

The Editorial Board accepts high-quality original unpublished submissions by academics and professionals for consideration of inclusion in the **Canadian Journal of Kinesiology**. Papers must be related to the core areas of kinesiology practice in Canada and not currently under consideration for publication elsewhere. Papers to be considered for publication must be written in English or French. All papers will be rigorously reviewed by at least two referees who are knowledgeable in the field. Papers may be rejected if the language and grammar is poor or there are errors present.

Papers should be submitted in draft format following the instructions contained in the "Preparation of Manuscripts" section below.

## Preparation of manuscripts

### Organization of the paper and style of presentation

- The length of submission is restricted to 2500 words per article, exclusive of sidebars.
- The number of figures, graphs and tables should be the minimum necessary to adequately present and explain concepts.
- All articles should be referenced using [APA style](#).
- Manuscripts should be formatted with 1 inch or 2.5 cm width margins on all sides and double spacing throughout, including the abstract, footnotes and references.
- Every page of the manuscript, including the title page, references, tables, etc., should be numbered. However, in the text no reference should be made to page numbers; if necessary, one may refer to sections. Try to avoid the excessive use of italics and bold face.
- Accepted articles are subject to editorial changes made by the Editorial Team





**Canadian Kinesiology Alliance/ Alliance canadienne de kinésiologie**

6519-B Mississauga Road, Mississauga, Ontario L5N 1A6

Tel: (905) 567-9200

Fax: (905) 567-7191

E-Mail: [info@cka.ca](mailto:info@cka.ca)

Web: [www.cka.ca](http://www.cka.ca)

2. Manuscripts should be organized in the following order:

- Title page
- Introduction
- Body of text (divided by subheadings)
- Conclusion
- Acknowledgements
- References
- Tables
- Figure captions
- Figures.
- Headings and subheadings should be numbered and typed on a separate line, without indentation.
- SI units should be used, i.e., the units based on the metre, kilogramme, second, etc.

3. The title page should provide the following information:

- Title (should be clear, descriptive and not too long)
- Name(s) of author(s); please indicate who is the corresponding author
- Full affiliation(s)
- Present address of author(s), if different from affiliation
- Complete address of corresponding author, including tel. no., fax no. and e-mail address
- Abstract
- The abstract should be clear, descriptive, self-explanatory and not longer than 200 words. It should also be suitable for publication in abstracting services.

4. Tables

- Tables should be numbered according to their sequence in the text. The text should include references to all tables.
- Each table should be provided on a separate page of the manuscript. Tables should never be included in the text.
- Each table should have a brief and self-explanatory title.
- Column headings should be brief, but sufficiently explanatory. Standard abbreviations of units of measurement should be added between parentheses.
- Vertical lines should not be used to separate columns. Leave some extra space between the columns instead.
- Any explanations essential to the understanding of the table should be given in footnotes at the bottom of the table.





## Canadian Kinesiology Alliance/ Alliance canadienne de kinésiologie

6519-B Mississauga Road, Mississauga, Ontario L5N 1A6

Tel: (905) 567-9200

Fax: (905) 567-7191

E-Mail: [info@cka.ca](mailto:info@cka.ca)

Web: [www.cka.ca](http://www.cka.ca)

### 5. Figures

- Figures should be numbered according to their sequence in the text. The text should include references to all figures.
- Each figure should be provided on a separate sheet. Figures should not be included in the text.
- Colour figures can be included, but reproduction of the color version is not guaranteed.
- For the file formats of the figures please take the following into account:
  - Line art should have a minimum resolution of 600 dpi, save as EPS or TIFF
  - Grayscales (incl. photos) should have a minimum resolution of 300 dpi (no lettering), or 500 dpi (when there is lettering); save as tiff
  - Do not save figures as JPEG, this format may lose information in the process
  - Do not use figures taken from the Internet, the resolution will be too low for printing
  - Do not use colours in your figures if they should be printed in black & white, because this will reduce the print quality (note that in software often the default is colour, you should change the settings)
  - For figures that should be printed in colour, please send both a hardcopy (to be used for the paper publication), and a CMYK encoded EPS or TIFF (used for the electronic publication)
  - Each figure should be identified by its number. If necessary, indicate top or bottom of figure.
  - Figures should be designed with the format of the page of the journal in mind. They should be of such a size as to allow a reduction of 50 %.
- On maps and other figures where a scale is needed, use bar scales rather than numerical ones, i.e., do not use scales of the type 1:10,000. This avoids problems if the figures need to be reduced.
- Each figure should have a self-explanatory caption. The captions to all figures should be typed on a separate sheet of the manuscript.
- Photographs are only acceptable if they have good contrast and intensity.





## Canadian Kinesiology Alliance/ Alliance canadienne de kinésiologie

6519-B Mississauga Road, Mississauga, Ontario L5N 1A6

Tel: (905) 567-9200

Fax: (905) 567-7191

E-Mail: [info@cka.ca](mailto:info@cka.ca)

Web: [www.cka.ca](http://www.cka.ca)

### 6. References

- For citations in the text numbers between square brackets should be used. All publications cited in the text should be presented in a list of references following the text of the manuscript.
- For citations in the text numbers between square brackets should be used. All publications cited in the text should be presented in a list of references following the text of the manuscript.
- References should be listed alphabetically in the following style: [1] B. Newman and E.T. Liu, Perspective on BRCA1, Breast Disease 10 (1998), 3-10.  
[2] D.F. Pilkey, Happy conservation laws, in: Neural Stresses, J. Frost, ed., Controlled Press, Georgia, 1995, pp. 332-391.  
[3] E. Wilson, Active vibration analysis of thin-walled beams, Ph.D. Dissertation, University of Virginia, 1991.

### 7. Footnotes

- Footnotes should only be used if absolutely essential. In most cases it is possible to incorporate the information in the text.
- If used, they should be numbered in the text, indicated by superscript numbers and kept as short as possible.





## **Canadian Kinesiology Alliance/ Alliance canadienne de kinésiologie**

6519-B Mississauga Road, Mississauga, Ontario L5N 1A6

Tel: (905) 567-9200

Fax: (905) 567-7191

E-Mail: [info@cka.ca](mailto:info@cka.ca)

Web: [www.cka.ca](http://www.cka.ca)

### **Copyright**

By submitting an article, the author certifies that the article, or any portion of it, is not copyrighted.

Authors of contributed material are required to transfer copyright to CKA/ACK, and no manuscript will be processed until CKA/ACK has received a Copyright Transfer Agreement signed by each author.

All ownership rights, as granted under the Copyright Act of Canada, belong to CKA/ACK, including the right to publish, adapt or sell material produced under this agreement.

The author is required to waive the right to prevent editing, distortion, mutilation or other modification of the material.

In the event that CKA/ACK decides not to publish the material, the author will be notified that it has not been accepted and copyright will revert to the author(s).

### **Publication Conditions**

By submitting a paper for publication in this Journal the co-authors of the paper warrant and agree to the following conditions:-

- That the work has not been published before in the form in which it has been submitted to the Journal and it is not under consideration for publication elsewhere.
- That its publication has been approved by all the co-authors.
- That the co-authors agree to indemnify the Canadian Kinesiology Alliance / Alliance Canadienne de Kinésiologie against the consequences of publishing the paper.
- That information about the co-authors (name, address, email address, other relevant details, etc.) may be held by CKA/ACK in electronic form on computer and used by CKA/ACK in furtherance of its activities.

While the material contained in this Journal is believed to be true and accurate, neither the authors, the CKA/ACK, nor the publisher can accept any legal responsibility for any errors or omissions that occur. CKA/ACK and the publishers make no warranty, express or implied, with respect to the material contained in the Journal.





**Canadian Kinesiology Alliance/ Alliance canadienne de kinésiologie**

6519-B Mississauga Road, Mississauga, Ontario L5N 1A6

Tel: (905) 567-9200

Fax: (905) 567-7191

E-Mail: [info@cka.ca](mailto:info@cka.ca)

Web: [www.cka.ca](http://www.cka.ca)

**Call for Editorial Board and Ad-Hoc Peer Reviewers**

The Editorial Board of the *Canadian Journal of Kinesiology* welcomes expressions of interest from academics and kinesiology professionals who are leaders in their field for our editorial board. We are also looking for individuals to conduct discipline specific ad hoc peer reviews. Interested individuals should be masters or PhD level and recognized leaders in their respective field of practice. Preference will be given to those currently involved in research.

